



Welcome to the 2010 Hamburg Cove Yacht Club Junior Sailing Program.
Your sailor(s) is(are) registered for one or two of the following sessions.
July 19-23rd July 26-30th Aug 2-6th Aug 9-13th

The following are requirements for the Sailing Program

Arrival and Departure:

Classes begin promptly at 9:00 AM. Sailors should arrive a few minutes early so they have time to stow their gear and be present for the 9:00 AM. roll call. Classes are over at 3:00 PM. Please pick your child up at that time.

Absence/Late Arrival or Early Departure:

Please notify the head instructor as soon as possible. The Sailing program plans for the day may have to be adjusted for the student. HCYC Phone = 860-434-0215

Sailor Expectations:

The objective of the sailing program is to give the sailors the best learning opportunity possible. This objective requires that the students follow all the safety rules given them, and that they follow all instructions from the sailing instructors and the Hamburg Cove Yacht Club representatives.

Life Jackets:

Sailors must have their own properly sized, U.S. Coast Guard approved life jacket. The life jacket must be worn, properly buckled at all time while in the boats or on the docks.

What to Bring:

Following is a list of what your sailor should have with him or her daily:

- ☞ Swim suit (or two)
- ☞ Towel
- ☞ A comfortable well fitted life jacket (see LIFE JACKET above)
- ☞ Water shoes or old sneakers that can stay firmly on the feet and get wet. (Tevas are acceptable. **However flip Flops or Birkenstocks or bare feet ARE NOT acceptable.**)
- ☞ Sunscreen, sunglasses and a hat
- ☞ A change of clothes
- ☞ Lunch — Refrigerator and microwave are available.